



A HUB FOR HEALTH

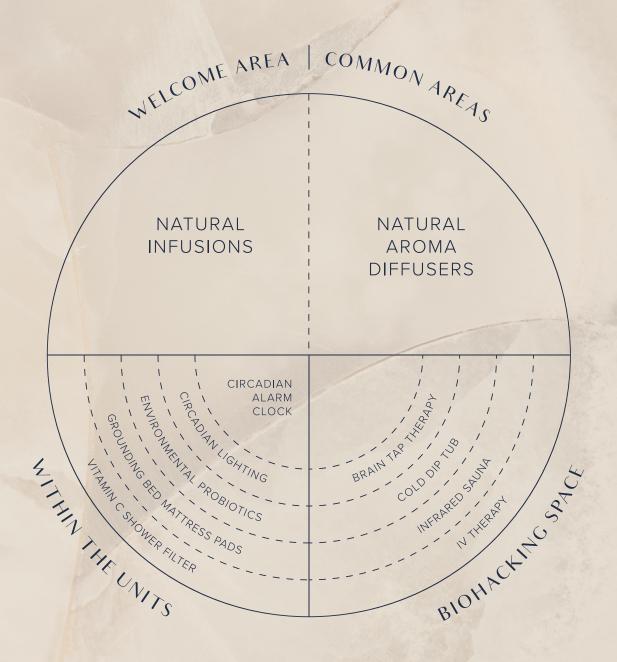
A HUB FOR HEALTH

## WELLNESS COMPONENT

Wellness defines the future of modern living. Integration of Biohacking technology within each residence results in passive health benefits that translate into passive income for owners.

From arrival to departure, curated common areas are not forgotten as spaces that also cater to the mind, body and soul.

## A HUB FOR HEALTH





## NATURAL AROMA DIFFUSERS **GROUNDING BED** MATTRESS PADS I WITHIN THE UNITS I I BIOHACKING SPACE I COMMON AREAS I Diffusers not only perfume the surroundings but also Grounding Bed Mattress Pads improve sleep, reduce have a direct impact on health by reducing stress, inflammation, and offer pain relief, hormonal regulation, improving sleep, and promoting overal well-being. and snoring treatment. VITAMIN C SHOWER FILTER NATURAL INFUSIONS I WITHIN THE UNITS I Design to improve the quality of shower water by I WELCOME AREA I removing residual chlorine and and other impurities, also promotes skin and hair health. With immune-boosting properties, tea contributes to overall wellness, making it a simple and impactful daily ritual. **BRAIN TAP THERAPY** I BIOHACKING SPACE I CIRCADIAN ALARM CLOCK Brain Tap Therapy uses audio programs with elements like binaural beats and isochronic tones, along with light pulses, to modulate brainwaves and induce relaxation. I WITHIN THE UNITS I **COLD DIP TUB** Circadian alarm clocks improve sleep, increase daytime energy, and enhance overall well-being by syncing with your body's natural clock through daylight simulation. I BIOHACKING SPACE I Cold Dip Tubs offer a refreshing full-body immersion experience that reduces inflammation, accelerates CIRCADIAN LIGHTING muscle recovery, and enhances circulation. **INFRARED SAUNA** I WITHIN THE UNITS I Discover the power of Circadian Lighting, harmonizing I BIOHACKING SPACE I your body's natural rhythm with dynamic lighting shifts, promoting improved sleep quality and mood regulation. Infrared saunas use deep heat to induce sweating, promoting detoxification and relaxation, relieving pain, and improving general well-being. **ENVIRONMENTAL PROBIOTICS** IV THERAPY I WITHIN THE UNITS I I BIOHACKING SPACE I UPON REQUEST Enhance indoor air quality by reducing allergens, promoting IV therapy delivers essential nutrients directly into the respiratory health minimizing germs, lower organic pollution, bloodstream for rapid absorption, bypassing the digestive



and creating a cleaner and fresher indoor environment.





system. This ensures maximum nutrient utilization.

